

## WHEN YOUR TEENS ARE HURTING

You know when it's happening.... Maybe your teenagers come home and disappear into their rooms without as much as a grunt at you along the way. Maybe they overreact to something small, blowing up and storming out, leaving you wondering what just happened. Maybe they're able to tell you what's happening but have no idea how they can go on, given the situation.

What's a parent to do? First of all, *be* God incarnate for your teenagers. Their concerns may seem trivial, may break your heart, or may make you want to explode with anger. Remember that as real as your feelings are, their hurt is probably much more intense. So listen, be patient, and pray for God's love to be your guide. Then *find* the help your teenagers need.

Your youth minister, pastor, or a good friend can provide an outside perspective and added support. A professional counselor can help your teenagers get back on track. Devote lots of time to prayer for guidance for you and your teenagers. Prayer makes a difference and helps us refocus.

Parents are the most influential people in their teenagers' lives. *You* are key to guiding young people to the other side of hurt.

—Michael Ratliff, Young People's Ministries, [mratliff@GBOD.org](mailto:mratliff@GBOD.org)

## THE VIEW

*Group Magazine* asked more than 20,000 Christian teenagers what they'd like to do more of in their youth ministry. The top answer was "learn more about Jesus" (91%), but these other top vote-getters show young people's desire for guidance as they face hardships and struggles:

- Get help dealing with tough issues in my life (79%)
- Pursue tough questions in the Bible (78%)
- Receive counseling for tough things I'm going through (70%)
- Receive mentoring (54%)

## TIPS >>>

**In his new book *Sifted* (David C. Cook), *Group Magazine* editor Rick Lawrence explores the heavenly purpose of earthly trials:**

- **Perseverance is the "produce" of suffering.** For Christians, persevering through hardships is the "organic harvest that transforms our souls from a famine to a feast," Lawrence writes. The apostle Paul addresses this cause-effect relationship in Romans 5:3-4.
- **God's "sifting" reveals to us who he really is.** When God allowed Satan to sift Peter like wheat (Luke 22:31-32), the process revealed God's love, "colossal goodness," and purpose for Peter, the church's future leader.
- **God prays for us amid our trials.** God promises to pray for us and, most importantly, for our faith, which is the "vehicle that will propel us through our sifting."
- **Trials lead us to turn back to God.** "Until we have lost what we've taken for granted," Lawrence writes, "we can't really see its true value." Peter's denials of Jesus, although painful, led him back to intimacy with his Savior.
- **Trials offer us the privilege of strengthening other people.** Just as Jesus told a restored Peter to "feed my sheep," Jesus allows us to minister to friends and family members undergoing their own difficulties. Through our attachment to Jesus, we receive the courage to reach out and help others.

## PONDER THIS

- What types of trials or roadblocks have you faced in your walk with Christ?
- How have those experiences led to eventual joy or to a closer relationship with God?
- What message would you like to share with your teenagers about persevering through life's struggles?





# ON THE JOURNEY

Expert Insights for Parents of Teenagers

By Mike Howerton

At [SimplyYouthMinistry.com](http://SimplyYouthMinistry.com), Seattle youth pastor Mike Howerton, author of *Miles to Cross*, shares thoughts about traveling our faith path:

I've always loved heading out on new roads, enjoying the process of travel and my traveling companions almost as much as the destination. There's a faith connection here, although it's become cliché. We're on a spiritual journey.

Faith isn't a happy hop to heaven. It isn't checking a box on a card. Those are only steps in a long line of steps along the

unpredictable, beautiful, exhilarating, exhausting, wild, personal journey of faith. God is infinitely bigger than we give him credit for, working long before we think to thank him.

At times I've been amazed at the privilege of knowing God and living in communion with him. Other times, I've been frustrated with my noticeable lack of spiritual progress and distracted by my own disposition toward selfishness.

Faith isn't linear, an ever-ascending bar graph from frustration and disappointment

toward progress and potential. Like any journey, exciting times co-exist with difficult times. Like any journey, it's always nice to know roughly where you are and where you're headed.

God longs to walk with you on this journey, to be with you in times of progress and in times of "stuckness." He wants to walk *with* you every step of the way. That's the relationship your heart longs for: to know and be known, to love and be loved. That's the relationship God provides. I pray that you will know God's love and experience the joy he provides along your unique path and journey with him.

## RESOURCE



In *Ten Tough Things* (Group), Rick Lawrence explores 10 challenges that God gives Christians, as well as the ways he equips us to carry them out. These Bible studies show that the "tough things" of the Christian life are actually the joys of the Christian life.

## BIBLE FOCUS

The Lord will guide you continually, giving you water when you are dry and restoring your strength. You will be like a well-watered garden, like an ever-flowing spring.

Isaiah 58:11

# MEDIA SPOTLIGHT

## MAINSTREAM MUSIC



### THE BLACK KEYS

**Background:** This rock band produces big sounds despite being only a duo; they combine blues licks and modern rock to great effect. They formed in Ohio 10 years ago and remained barely known for years—although their songs were optioned for films, TV, and commercials. Their 2010 album *Brothers* vaulted The Black Keys into the mainstream and earned them three Grammy Awards, including best alternative album.

**Albums:** *El Camino* (2011), *Brothers* (2010), *Attack & Release* (2008)

**What The Black Keys Says:** In response to being called sellouts, the band says they'll license fewer songs on the new album. Drummer Patrick Carney says, "Once you start selling records, you can't really justify having two songs in Cadillac commercials. It looks greedy. And it is."

**Explore:** The band's offbeat humor is evident in the "Lonely Boy" video—[www.youtube.com/watch?v=a\\_426RiwST8](http://www.youtube.com/watch?v=a_426RiwST8). The Black Keys don't stream music on sites such as Spotify.

## CHRISTIAN MUSIC



### THE FRAY

**Background:** This crossover rock band started when three members met while leading worship at their Christian school in Denver. Epic Records eventually signed them. The Fray's debut went double-platinum, and they were #84 on Billboard's Artists of the Decade list. Many of their songs have been on TV shows and in movies.

**Albums:** *Scars and Stories* (2011), *The Fray* (2009), *How to Save a Life* (2005)

**What The Fray Says:** Of the new album's title, singer Isaac Slade says, "We've been through a lot of stuff personally, and as band we're still together... We like the idea of scars...because they're healed... They're still kind of a road map of where [you've] been, and sometimes kinda point to where you want to go."

**Explore:** You can listen to their albums on Spotify and can download "Heartbeat" at [www.thefray.com](http://www.thefray.com).

## MOVIES

**Movie:** *Ghost Rider: Spirit of Vengeance*

**Genre:** Action Adventure

**Rating:** PG-13 (for intense sequences of action and violence, some disturbing images, and language)

**Synopsis:** Nicolas Cage returns as the devil's bounty hunter. He must embrace his new role to save a young boy from Satan.

**Our Take:** The first movie was terribly written and terribly acted but made tons of money—so here's the sequel! The film will likely offer muddled, inaccurate theology hiding in over-the-top action.

**Movie:** *Gone*

**Genre:** Thriller (for violence and terror, some sexual material, brief language and drug references)

**Rating:** PG-13

**Synopsis:** Jill, who escaped a kidnapper a year ago, comes home to find her sister gone. She sets out to rescue her sister and bring down the man who's responsible.

**Our Take:** Many books and movies now feature empowered girls who kick butt. This film may whet people's appetite before *Hunger Games* hits theaters in March.

For more media discussions and ideas, go to [www.MinistryandMedia.com](http://www.MinistryandMedia.com).

## VIDEO GAMES



**SSX**—EA reboots its hugely popular snowboard franchise this month. Players will tackle some of the craziest mountains in the world with big tricks, helicopter drops, and avalanches to outrun. This game will be full of family-friendly fun. (PlayStation 3 and Xbox 360)

**Mario Party 9**—Speaking of family fun, *Mario Party 9* provides a bunch of different games to play together—some competitive and some cooperative. This game will also work great in a youth ministry setting. (Wii)

# FEBRUARY 2012

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			1	2	3	4
			Bible Study 6:30	Feeding Frenzy Hamburgers/ chicken sandwiches		
5	6	7	8	9	10	11
Super Bowl Girls won the cake baking!			Bible Study 6:30	Feeding Frenzy Italian		
12	13	14	15	16	17	18
FLIGHT 9:30am SALT-noon Fundraising- 1pm Mission trip sign-ups 4pm UMYF-6pm Plant sales begin		Valentine's Day	Bible Study 6:30	Feeding Frenzy Mexican	Remedy Drive Concert 7pm at St. Barnabas	
19	20	21	22	23	24	25
FLIGHT 9:30am Photo-noon Care & Concern 1:00 UMYF 6-8  Plant sales			Ash Wednesday Service 7:00pm  No Bible Study	Feeding Frenzy Breakfast- Tacos, biscuits and gravy, sausage, pancakes	30 Hour Famine 6:00pm at St. Barnabas	30 hour Famine ends at 7:30pm
26	27	28	29			
Church under the bridge 8am till 3pm FLIGHT 9:30am UMYF 6-8  Plant sales Last day!			Leap Day  Bible Study 6:30			

## **Mission trip registration- Sunday, Feb. 12 come between 4:30 and 6:30 pm**

**On the boardwalk of the Education wing**

**All adults and youth planning to attend this summers CTCYM or ASP mission trips need to register this Sunday, February 12. Come anytime between 4:30 and 6pm. We will be upstairs in the children's area (the boardwalk). You can pay your \$150 deposit either by check or this year you can use a credit card. BRING YOUR INSURANCE CARD, AND CALENDAR TO SIGN UP FOR FUNDRAISERS!**

**Plant Sales- All participants in the ASP mission trip will be selling bedding plants for this spring (Begonias, Impatiens, Petunias, Marigolds, Dusty Miller or Moss Rose). You can order flats for \$16. They will be delivered in April. You might consider donating a Flat to the church to bring some spring color to the flower beds!**

**Remedy Drive concert will be held here at St. Barnabas on Friday, February 12 at 7pm. Stevie Vaughn (graduate from Martin) will open the evening followed by St. Barnabas Youth Praise band. Abby Lewis will give a short 5-10 minute talk about her trip to Africa and how folks can make donations to 30 hour famine and then Remedy Drive will take the stage. This would be a great event for friends to be invited to. We need adults to help with concession sales, ticket sales and security (sit by doors and make sure no one goes in or out). Tickets are \$5 in advance and \$8 at the door. There will be a prize for the youth who sells the most tickets!**

**No Bible Study on Wednesday, February 22 we hope you all will attend the Ash Wednesday service at 7pm.**

**30 Hour Famine will begin at 6pm at St. Barnabas, more information and a packing list can be found on the web site.**

**Church under the bridge is a wonderful worship experience that takes place under I35 overpass. Many of the congregation are homeless or Baylor students or part of the community all worshipping under a bridge together. You must sign up to attend this event, we need adult drivers, please contact Michelle. We depart at 8 am, on the way home we stop for lunch then return around 3pm.**